



Homeopathic Dosing Chart: Integrating Homeopathy into Breast Cancer Treatment Plans

Stage	Indication	Homeopathic Remedy	Dosing Schedule
Emotional Stress at Time of Diagnosis	Grief; Heartache Suppressed Anger Feeling of Injustice Anticipatory Anxiety Anger	Ignatia 30ck Staphysagria 30ck Gelsemium 30ck Nux Vomica 30ck	Give 5 pellets of indicated homeopathic remedy in the office to help the individual process their emotions and give some immediate relief so the patient can focus.
Biopsy	Sore Bruised feeling in the breast. Achiness.	Bellis Perennis 30ck or 200ck	Administer 5 pellets shortly before the procedure, and immediately after the biopsy. It can be taken prn as long as there is pain.
Mastectomy & Breast Reconstruction	To help Decrease Bruising, Swelling, & Pain associated with Surgery and to help speed post-op recovery time.	Arnica 200ck	Ask patient to dissolve 5 pellets under the tongue the day before surgery. Repeat 5 pellets the day of surgery. Immediately after surgery, Dissolve 5 pellets and continue taking QID, up to 7 to 10 days after the surgical procedure.
Radiation Therapy	To help Prevent Acute Dermatitis during Irradiation for Breast Cancer. Helps to Calm redness, rashes, and is soothing to the skin.	Calendula Cream	<i>Caution: Do NOT apply 3 hours Before radiation therapy.</i> Immediately after radiation, Apply a thin layer to the affected area 2-3 x a day. Avoid using Calendula cream on tattoo marks needed for radiation therapy.
Chemotherapy	Nausea, Bloating, cramping, and constipation associated with chemotherapy	Nux Vomica 30ck	Ask patient to dissolve 5 pellets under the tongue as needed for Nausea & Vomiting after chemotherapy. The patient can repeat as often as every 30 minutes up to 6-8 doses in one day.
Hormone Therapy	Joint Pain & Stiffness associated with Aromatase Inhibitors	Rhus toxicodendron 9ch Ruta graveolens 5ch	Ask patient to dissolve 5 pellets of each remedy, under the tongue, Morning & Evening. Note: Begin taking homeopathics a few days prior to hormone therapy and continue for 3 months. Stop. And Repertorize case.