

# NYANP 2026 Annual Conference

## Call for Abstracts | Submission Guidelines

Conference Theme.....	1
Conference Information.....	2
Educational Standards & Speaker Eligibility.....	2
Selection Process.....	3
Submission Requirements.....	3
Post-Selection CE & Presentation Requirements.....	3
Important Dates.....	4
Submission Instructions.....	4

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### Conference Theme

*The Future of Naturopathic Medicine: Evolving Care Without Losing Our Roots*

As healthcare evolves, naturopathic medicine continues to lead by integrating time-honored principles with emerging science, technology, and clinical innovation. This conference explores how naturopathic doctors can embrace advanced diagnostics, new therapeutics, and evolving healthcare models — while staying rooted in the foundations of nature cure, vitalism, prevention, and whole-person care. Together, we'll examine how to evolve our practices without losing our identity.

### Suggested Presentation Topics

In alignment with this year's theme, we invite submissions that reflect both clinical innovation and the enduring principles of naturopathic medicine. Based on attendee feedback from last year's conference, suggested topic areas include:

- Practice development
- Men's health, mycotoxins, hormone therapies, and mental-emotional care
- Hypertension, cardiovascular disease, diabetes, and evidence-informed integration of newer medications
- Nature cure and foundational naturopathic approaches
- Nutrition and prevention-based care across the lifespan
- Autoimmune disease, SIBO, GI health, and complex chronic conditions

- Pediatrics and preventive medicine
- Skin conditions and lymphatic health
- Emerging and integrative modalities including HBOT, biofeedback, infrared sauna therapy, specialty labs, and homeopathy

These topics reflect our commitment to advancing clinical excellence while honoring the roots of naturopathic medicine — empowering physicians to evolve their practices without losing their professional identity.

The NYANP Annual Conference highlights practical, evidence-informed naturopathic approaches that clinicians can apply immediately in practice. We welcome abstracts that showcase clinical excellence, innovative protocols, case-based learning, and integrative strategies that support whole-person care and measurable outcomes.

The New York Association of Naturopathic Physicians (NYANP) invites clinicians, educators, and researchers to submit abstracts for possible selection to present at the 2026 NYANP Annual Conference.

Our annual conference focuses on practical, evidence-informed naturopathic medicine that clinicians can apply immediately in practice. We welcome submissions across clinical specialties and integrative disciplines.

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## Conference Information

- **Date:** Saturday, October 3, 2026
- **Format:** Online
- **Audience:** Primarily naturopathic physicians, with attendance from MDs/DOs, NPs, pharmacists, chiropractors, students, and other healthcare professionals
- **Compensation:** \$200 honorarium and complimentary conference registration with CEUs

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## Educational Standards & Speaker Eligibility

To meet Continuing Education (CE) accreditation requirements, all submissions must:

- Further the clinical practice of naturopathic medicine and support improved patient outcomes
- Present information that is educational in nature and free from commercial bias

- Be delivered by licensed healthcare professionals at the doctoral level or individuals with demonstrated expertise appropriate to their subject matter (as per AANP guidelines, health coaches and non-licensable naturopaths are not eligible to present)
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## **Selection Process**

Abstracts are reviewed by the NYANP Conference Committee based on:

- Clinical relevance and educational value
- Clearly stated learning objectives
- Speaker expertise and presentation quality
- Originality and applicability to practice
- Quality of sample presentation materials

Presentations should not have been delivered elsewhere within two months of the NYANP conference and should represent original or substantially updated content.

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## **Submission Requirements**

All submissions must include:

- Contact name
- Presenter(s) full name and credentials
- Email address and best phone number
- Presentation title
- Short session description (up to 100 words)
- 3–5 clearly stated learning objectives
- Target audience
- Preferred presentation length (50 minutes, 75 minutes, or both)
- Short bio (up to 150 words)
- Sample PowerPoint slides or video recording demonstrating presentation style and content delivery

Incomplete submissions may not be reviewed.

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## **Post-Selection CE & Presentation Requirements**

Selected speakers will be required to submit additional materials to support Continuing Education (CE) accreditation, including:

- Full session outline with time breakdown
- Educational content-based evaluation questions (3–5 per session)
- Curriculum vitae (CV)
- Final PowerPoint slides
- Financial disclosure and compliance documentation

These materials will be requested after acceptance and must be submitted by published deadlines to maintain CE eligibility.

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### **Important Dates**

- **April 30, 2026:** Abstract submission deadline
  - **May 15, 2026:** Notification of acceptance
  - **September 15, 2026:** Final presentation materials due
  - **October 3, 2026:** Conference date
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### **Submission Instructions**

Please email all abstract materials to: **ExecutiveDirectorNYANP@gmail.com**  
Subject line: **NYANP Call for Abstracts 2026**

Late or incomplete submissions will not be accepted.