



# Abundant Money Mindset for Naturopathic Doctors

*with Nana Jokura*

*Worksheet*

*NYANP Conference  
Saturday, October 17, 2020*

Money is an options \_\_\_\_\_.

Money amplifies the \_\_\_\_\_ you can do.

3 Mistakes that you will avoid:

Mistake #1:

Mistake #2:

Mistake #3:

Circle which one you'd like to be:

Victim

Struggling

Trying

Creator of Circumstance

The 2 things that are essential to thrive in this changing climate:

1. Abundant Money \_\_\_\_\_

2. A \_\_\_\_\_ to receive opportunities to serve \_\_\_\_\_

Which vehicle will you choose?

1. 1:1 regular patient visits

2. 1:1 high-end client packages

3. Online group education based coaching

\*\*\*Selling = Helping\*\*\*

Over 95% of your results comes from your \_\_\_\_\_.

Less than 5% comes from \_\_\_\_\_.

Whatever I \_\_\_\_\_ is true for me.

ABC's of goals:

A Goals =

B Goals =

C Goals =

What is your monthly income goal (what you really, really want)?

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What is your reason for wanting this? What will you be able to afford?

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What is your current monthly income?

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What is the gap?

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How do you feel about this?

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How much more time would you like for self-care and loved ones (hours in a week)?

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When you go to make a move, what is the thing that tries to hold you back?

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The mindset/paradigm controls your automatic, habitual behaviors and almost all of your behaviors are habitual.

The 3 pillars for shifting the mindset:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

The mental move to change the trajectory of your life and business in a millisecond is \_\_\_\_\_.

## Action Items:

1) Apply here for a 1:1 Goal Setting Call: <http://bit.ly/nanacalendar>  
(FYI - Not everyone I speak to will be accepted as clients.)

I will help you clarify your goals, identify your blind spots and share what can propel you forward.

2) Join our Facebook community Your Healthy Success  
<http://bit.ly/yhsgroup>

3) Join the Visionary Entrepreneur Program  
<http://bit.ly/visionaryentrepreneur>

4) Join the free Concept to Clients Workshop for Naturopathic Doctors  
October 19-23, 2020 (30 minutes each day)

<http://bit.ly/ConceptToClientsOctober>

Contact:

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<https://www.nanajokura.com/>

Your Healthy Success Book:

<https://yourhealthysuccess.nanajokura.com/yhs-amazon-optin>